सत्यमेव जयते

# INDIA IN T&T

**Vol. 1 Issue 2 December 2019**

**Bimonthly Cultural Newsletter of the**
**High Commission of India, Trinidad and Tobago**
**(concurrent accreditation: Dominica, Grenada & Montserrat)**

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# *Remarks By H.E. Arun Kumar Sahu, High Commissioner*

## at the 3rd International Veda Conference
## Hilton Trinidad and Conference Centre
## 01-03 November,2019

Her Excellency Paula-Mae Weeks, Hon'ble President of the Republic of Trinidad and Tobago,Distinguished guests of the evening, Ladies and Gentlemen!

I am honoured to be invited to bring the greetings from India, the home of Vedic theology to this august gathering of the 3rd International Conference on the 'Application of Modern and Vedic Science', organized by the Maharishi Vedic University in collaboration with the Brahma Vidya Peetham International in Port of Spain. I understand, in this two-day long conference, Vedic Scholars and Scientists from around the world are sharing ideas and discussing practical steps on application of Vedic technologies for the benefits of human life. I am also aware that previous such conferences were held in India and Nepal. I commend the organizers for this endeavor.

I am neither a Vedic expert nor a scientist, I represent India, the India that accounts for one-sixth of humanity, a civilizational history of over five thousand years and an intellectual tradition of arguments and counter-arguments, of thesis, antithesis, and synthesis encompassing almost all aspects of human existence. I represent a land where when a young mind, bejeweled looking at millions of bright and dim stars and the moon in the sky asks his mother or grandmother "who are they?" is often told that the moon is the maternal uncle (Chandamama) and the constellations of stars near the moon are the saptarshis (the seven enlightened souls) who spent their lives to understand the mystery of the creation of the universe, the relationship between human being and his surrounding, his nature; the ecosystem, happiness and sufferings; interconnectedness among mind, body, soul and spirit. They explained the comprehensible and tried to find explanation for the incomprehensible.

That is only the beginning; but as the child grows, in a myriad ways, directly or indirectly, along with his own tradition of Veda, Upanishad, Puranas and hundreds of undocumented folklores and folktales, he also gets to know how great minds in other civilizations and societies have tried to and are trying to find explanations to these complex phenomena. He inherits Vashistha, Viswamitra, Gautama, Bharadwaja, Kapila, Panini, Patanjali, Buddha, Mahavira, Chankaya, Nagarjuna, Thiru Vallavur, Shilabhadra, Charaka, Susruta, Ramanuja, Kabir, Chaitany, Ravidas, Mirabai, Nanak, Dayananda Saraswati, Ramakrishna Paramahansa, Swami Vivekananda, Rabindranath Tagore, Mahatma Gandhi and thousand others and also allows himself to be exposed to Heraclitus, Socrates, Aristotle, Cicero, Ibn Sena, Abelard, Machiavelli, Thomas More, Francis Bacon, Galileo, Rene Descartes, Hobbes, Lock, Rousseau, Newton, Voltaire, Einstein, Stephan Hawkins, Confucius, Xuan Zhang, Faxian, Sun Zhu, Ferdowsi, Rumi and countless others. In the process, today, he has become a cross point for the oriental and the occidental, the rational and the spiritual, the zero (nothingness in Indian tradition) and the infinity. In a sense, a unique global reference point.

Truth is absolute and knowledge is infinite and since time immemorial, the human mind has delved into unveiling the mystery both within him and outside, find scientific explanation to cause and effect, find remedies for pain and sufferings and have made tremendous efforts to work towards creating a peaceful world. As humanity faces new challenges in this century, the Indian tradition of knowledge with its depth and richness has to play a decisive role. I am sure the present conference will contribute immensely to this effort.

I wish the conference a grand success. Thank you.

@AmbArunSahu

# High Commission of India at the Diwali Nagar 2019

*Officials & staff of the High Commission along with some NCIC Executive members & EMA (iCare) representatives at the official opening of the booth*

*Performances by Mahatma Gandhi Institute for Cultural Cooperation (MGICC) Teachers & feature address by High Commissioner on the main stage.*

*MGICC, Khadi India and Himalaya products on display*

## *Snapshots of Visits to the booth by Officials, Friends of India & General Public*

## *Other Activities: Mehendi, Saree Draping Competition & Know India Quiz*

# Outreach Initiatives

The Art of Sari Wrapping by The Port of Spain Adult Library in collaboration with the ladies of the High Commission at NALIS

Presentation on Diwali by the High Commission at the Ministry of Trade and Industry

High Commission officials attend Tobago Hindu Society's Diwali Celebrations in Tobago

Diplomatic Dialogue on "India's Foreign Policy Perspective" at the Diplomatic Academy of the Caribbean

# Outreach Initiatives

550th Birth Anniversary Celebrations of Guru Nanak Dev ji at the Gurudwar Sahib Trinidad & Tobago

High Commission of India in collaboration with India Tourism office in New York organized a Know India Seminar in San Fernando

High Commission joined The University of the West Indies in their annual Math Fair

Engaging with Communities: High Commissioner attends a fund-raising concert in Cumuto

# HIGH COMMISSION IN THE HEADLINES

NEWSDAY

weekend TOBAGO

Thursday, October 31, 2019

guardian.co.tt

## Trade Ministry celebrates Divali

The Ministry of Trade and Industry, in partnership with the Indian High Commission, T&T, hosted an East Indian Cultural Showcase in recognition of Diwali on Thursday, October, 24 at the Ministry's Head Office in Port-of-Spain.

In addressing the staff members, Deputy Permanent Secretary Karlene Roach highlighted that the event not only celebrated the diversity of the people of T&T, but also created opportunities for cultural exchange and building camaraderie among staff. The Deputy Permanent Secretary also expressed appreciation to the High Commission of India for their partnership with the Ministry. Roach made mention of the long history of economic, social and cultural cooperation both countries currently enjoy.

Aniruddha Das, Second Secretary (Consular, Press and Projects) of the Indian High Commission, shared an insightful presentation on the history and traditions of Diwali celebrated in both India and T&T.

Several staff members, who were adorned in cultural wear, participated in a cultural fashion showcase. Also attending the celebrations were staff of the Ministry of Community Development, Culture and the Arts and the Caribbean Financial Action Task Force Secretariat.

DPS Karlene Roach, fourth from right, and Second Secretary Aniruddha Das, third from left, flanked by staff adorned in their East Indian garb at the Diwali function. PICTURE MTI

## Indian High Commissioner attends Divali function

Members of the Nirvana Dancers stand for a photograph on Tuesday night following their performance at Diwali celebrations at the Couva South Constituency grounds at Camden Road. PICTURE SHASTRI BOODA

## High Commissioner: Indian Diaspora a part of us

SHASTRI BOODAN

India's High Commissioner Arun Kumar Sahu says that the Indian Diaspora has always been a part of India in their hearts.

He said so while delivering the feature address at Diwali Celebrations hosted by the Couva South Constituency of the USC at Camden Road, Couva on Tuesday.

Sahu said the Diaspora has carried the culture and kept it alive where they recreated their lives.

This is Sahu's first Diwali celebrations in T&T since he took office earlier this year.

He said, "We are extremely happy of what you have achieved."

Sahu said contemporary India is welcoming to all and sees the Diaspora as part of the wider Indian community.

He added, "Even if at some point of time you might think that you are disconnected from India, I can assure you that you might forget, but we have always reconnected that you are part of us."

Couva South MP Kody Indarsingh said the relationship between India and T&T began in 1845 and stood the passage of time.

Indarsingh said "Today we are the beneficiaries of what India has to offer to T&T and indeed has added to T&T being that diverse and rainbow country."

The UNC MP said the community cannot only be pious during the season of Diwali but must extend these feelings and attitude year round.

He said, "If we do not exude that sense of brightness we no be able to bring a sense of light into the lives of those who we want to impact upon because we would be failing in our duties and responsibilities as an individual. Beyond Divali there would be those who are in need of our guidance, our support, our needs to prop them up in their homes."

# India High Commissioner celebrates first Divali in T&T

LOYSE VINCENT

India's High Commissioner to Trinidad and Tobago Arun Kumar Sahu says he feels very much welcomed in this country.

"I stand in Trinidad and Tobago and do not find myself homeless," he said as he made remarks at the Divali celebrations hosted by the Tobago Hindu Society on October 19, in the Gulf City Mall at Lowlands.

This is his first taste of this country's Divali celebrations.

High Commissioner Sahu said he feels at home as this is his third trip to Tobago since he arrived in this country earlier this year.

"In India, we believe that whoever in the last five thousand years visited India has become part of India and contributed to the richness of that country and all those who had to leave India for some reason or the other has carried a part of India in their heart."

He distributed commemorative T-shirts celebrating the 150th anniversary of the birth of Mahatma Gandhi. Members from other religious bodies–Muslim, Bahai, Baptist and Seventh Day Adventist- brought remarks on behalf of their faiths.

The representative of the Muslim faith Kameel Ali said we should not take our freedoms for granted.

"Today all of us here we are different cultures, different creeds, different races, different religions, so many of us from different backgrounds, that is something we cannot take for granted," Ali said.

He said citizens in Trinidad and Tobago can assemble and celebrate freely together for many different reasons. However, in many parts of the world, similar celebrations cannot take place.

He said God gave citizens the freedom to choose how they worship, so they should be grateful they can sit together and enjoy each other's religion.

Marissa Williams spoke on behalf of the Secretary for Tourism, Culture and Transportation Nadine Stewart-Phillips.

She commended the Tobago Hindu Society for keeping the spirit of Divali alive on the island.

"As one of the largest religious bodies in Trinidad and the oldest religions in the world, you have undoubtedly enhanced the fabric of this country and certainly Tobago," Williams said.

She said the vibrancy of the Hindu culture, the delicious cuisine and unwavering faith, discipline and gratitude are reflected in Divali celebrations.

According to Williams, the Tobago Hindu Society's Divali celebrations are a true reflection of our maturity as a twin-island state.

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Divali Gree

Indian High Commissioner Arun Kumar Sahu

PHOTO COURTESY THE INDIAN HIGH COMMISSION

## Spread message of love, compassion

*A message from Indian High Commissioner Arun Kumar Sahu*

Dear readers, I am privileged to address you through Newsday on the auspicious occasion of Divali, the festival of lights.

Divali symbolises the victory of light over darkness, goodness over evil and enlightenment over ignorance. It stands for peace, harmony and universal brotherhood. This is an occasion to embrace everyone and spread the message of love and compassion. Divali is also a powerful metaphor for knowledge, enlightenment and consciousness.

On this occasion, I extend my best wishes to you all for happiness, prosperity and well-being.

Shubh Divali

First class entertainment in Cumuto

BUSINESS EXTRA

High Commissioner hosts tourism seminar:

## Come and get to know India

B22 talk of trinidad

Tuesday, December 3, 2019

guardian.co.tt

## GSFCC holds Charity Christmas Gala and Dinner

WE'RE HIRING!

Tuesday, December 3, 2019

guardian.co.tt

talk of trinidad B23

# DEVELOPMENT PARTNERSHIP : INDIA IN DOMINICA, GRENADA & MONTSERRAT

## First Consular Camp in Grenada in collaboration with the Honorary Consul of Grenada

## Indian Technical and Economic Cooperation (ITEC)

*Ms. Calesha Noel, Grenada national & participant in the International Programme on Inclusive Banking & Finance, NIBM, Pune*

*Mr. Bernard Barrie & Ms. Jermaine Jeanpierre, Dominica nationals & participants in the Investigation of Cyber Crimes course at the Gujarat Forensic Sciences University, Ahmedabad.*

*Mr. Reginald Lodrick, Dominica national, selected to participate in the Introduction to Cyber Security course at IIT, Kanpur*

*Mrs. Lesha Haynes & Mrs. Kerisha Horsford, Grenada nationals selected to participate in the Climate Change & Sustainable Development course at EPTRI, Hyderabad.*

*Mr. Charles Louis, Dominica national & Mr. Kendly Frederick, Grenada national, selected to participate in the Cyber Security and Incident Response course at the Gujarat Forensic Sciences University, Ahmedabad.*

# Indian Technical & Economic Cooperation (ITEC)

*(From L-R) Ms. Renuka Ganesh, participant in the 'Gender Issues in the World of Work' course at the V.V. Giri National Labour Institute, Noida, Ms. Elspeth Dade, participant in the 'Performance Audit' course at the International Center for Information Systems and Audit, Noida & Mr. Premchand Jaskaran, participant in the 'International Training Programme on Standardization and Conformity Assessment' course at the National Institute Training for Standardization (BIS), Noida.*

*Ms. Jayme Hoyte, participating in the 'International Management Development Programme on Global Strategic Leadership for Growth and Sustainable Development' at the Indian Institute of Public Administration , New Delhi.*

*Ms. Judy Rampersad ,from Tobago, participating in the 'Tourism and Hospitality' (THM) course at the National Institute for Micro, Small & Medium Enterprises, Hyderabad.*

*(From L-R) Mr. Everson Beeda participant in the 'Formal Solutions to Informal Settlements' course at the Human Settlement Management Institute (HSMI), New Delhi, Mr. Joseph Fortune, participant in the 'Cyber Security and Incident Response' course at the Gujarat Forensic Sciences University, Ahmedabad & Mr. Davanand Khillawan participant in the 'Certificate Course in Fertilizer Technology' at the Rashtriya Chemicals & Fertilizers Limited, Mumbai.*

# KNOW INDIA PROGRAMME (KIP) MEMORIES

**54th KIP ( 01-25 Aug.,2019 ). Partner states: Punjab & Haryana**

Participants: Ms. Trissie Ali, Mr. Reshard Khan, Mr. Harshan Lal, Ms. Samantha Lalla, Mr. Keshan Lalsingh, Ms. Shivana Latchu & Ms. Nandani Bridglal

**55th KIP ( 03-27 Sept.,2019 ). Partner state: Goa.**

Participants: Mr. Rishi Meetoo, Ms. Suanjali Persad, Ms. Kumarie Kuarsingh, Ms. Shantelle Dan & Mr. Chris Sieuchand

**56th KIP ( 01-25 Oct.,2019 ). Partner state: Kerala**

Participants: Mrs. Sacha Latchu, Ms. Ananda Hanooman, Mr. Shankar Ramjattan, Mr. Nicholas Dhanraj & Ms. Karishma Kheerai

**57th KIP ( 05-29 Nov.,2019 ). Partner state: Himachal Pradesh.**

Participants: Mrs. Tisha Ramgarib, Mr. Premchan Ramroop, Mr. Avinash Phagoo, Ms. Shanna Ramlogan, Ms. Veeshalla Maharaj, Mr. Jerome Gunness & Mr. Riad Beharry.

**3rd Pravasi Teerath Darshan Yojana ( 22 Nov.-08 Dec.,2019 ).**

Participants: Mrs. Satyam Nandalal, Mrs. Tara Bashlal, Mrs. Indra Narinesingh Mahabir, Mrs. Sakeelee Sankar, Mr. Roopnarine Siewnarine, Mrs. Kalawati Jaroo & Mr. Ricardo Hansil.

# MAHATMA GANDHI INSTITUTE FOR CULTURAL CO-OPERATION

## Chhau

The Chhau Dance is a popular form of tribal dance in India that incorporates elements of martial arts into its movements and is predominantly performed in three of India's eastern states; West Bengal, Jharkhand, and Odisha by men. The dance technique consists of powerful movements, kicks, and leaps.There are three subtypes of this dance form; namely Purulia Chhau, Mayurbanj Chhau and Seraikella Chhau. Differences between the three are dependent on their regions of origin.

## Chhau Performances in Trinidad and Tobago

*Visiting Chhau group from Odisha,India with officials from the High Commission of India, MGICC, Ministry of Community Development,Culture and the Arts, Members of the Diplomatic Corp, renowned artistes Johan & Johanna Chuckeree & specially invited guests*

*Chhau group pays a visit to the High Commission in Port of Spain*

# DEMOCRACY AT WORK

**High Commissioner H. E. Arun Kumar Sahu administered Unity pledge to Indian officials of the Mission on the occassion of Rashtriya Ekta Divas i.e. National Unity Day**

**Celebration of Constitution Day. November 26 is celebrated as the anniversary of the adoption of the Indian Constitution.**

## Importance of Indian Diaspora

**Read More:**

https://www.freepressjournal.in/world/indian-diaspora-important-component-of-countrys-aspiration-to-be-inclusive-equitable-venkaiah-naidu

WORLD

Updated on : Friday, October 25, 2019, 7:44 AM IST

**Indian diaspora important component of country's aspiration to be inclusive, equitable: Venkaiah Naidu**

By Asian News International

# STUDY IN INDIA:

# Scholarship Programmes

**MAHATMA GANDHI INSTITUTE FOR CULTURAL CO-OPERATION**
**(High Commission of India)**
Level 3 Plaza De Montrose Main Road, Chaguanas.
Ph.: 672-9184 E-mail: iccposhcipos@gmail.com

## INVITATION FOR GOVERNMENT OF INDIA
## ICCR GENERAL SCHOLARSHIP SCHEME
## 2020-2021

**The Government of India announces scholarships under its ICCR General Scholarship Scheme for the academic session 2020-21 for Undergraduate, Postgraduate and Doctoral Studies in India, in the fields of Science, Technology, Engineering and Performing Arts.**

**Interested persons may fill application forms online through the A2A Scholarship Portal.**
**For Further information, please visit the ICCR's website www.a2ascholarships.iccr.gov.in.**

**The eligibility criteria may be read carefully.**
**Applicants must be of 18years.**
**This Scholarship Scheme does not include study in Medical/ Paramedical and Fashion.**
**Airfare costs are not included in the Scholarship.**

***Selected candidates will be entitled to a small stipend, coverage of Tuition, Hostel & Medical fees and Book allowance.***

**The application form, duly filled in with one copy, should be deposited at the MGICC or at the High Commission of India by Friday 21st February, 2020 before 5:00 p.m. positively.**

**Applications received after this date will not be entertained.**
**For further Information, the Director of MGICC may be contacted**

**Scholars, Academics and Professionals are invited to participate in the Kautilya Fellows Programme (KFP) from January 26 - February 3, 2020 where they will gain a deeper understanding of modern-day India and its growing leadership in the world.**

KFP is a unique and comprehensive 10-day workshop on India's Foreign Policy and Public Policy, coordinated by the India Foundation in association with the Government of India.

The KFP offers a well rounded curriculum which covers major thematic issues and strategic bilateral relationships in India's foreign policy. The Programme also provides an in-depth understanding of India's public institutions and their role in shaping India's political economy and society. The KFP also deploys innovative mechanisms to facilitate detailed analysis and interaction through Field Visits, Foreign Policy Labs and Mini-workshops on selected issues.

Limited scholarships are available for deserving candidates which will cover the cost of airfare, accommodation and fees. The scholarship candidates will be decided by the Academic Council after reviewing the completed applications.

Interested candidates are requested to apply via http://kfp.indiafoundation.in/ and send an email to hcipos.shweta@gmail.com indicating your submission of the application form.

Please Note: Selection will be conducted on a merit bases and the deadline for applications is December 15, 2019.

**MAHATMA GANDHI INSTITUTE FOR CULTURAL CO-OPERATION**
**(High Commission of India)**

Level 3 Plaza De Montrose Main Road, Chaguanas.
Ph.: 672-9184 E-mail: iccposhcipos@gmail.com

## INVITATION FOR GOVERNMENT OF INDIA
## ICCR SCHOLARSHIP SCHEME IN MUSIC AND DANCE
## 2020-2021

**The Government of India announces scholarships under its ICCR Scholarship Scheme 2020-21 in Music and Dance respectively.**

**Interested persons may fill application forms online through the A2A Scholarship Portal.**
**For Further information, please visit the ICCR's website www.a2ascholarships.iccr.gov.in.**

**The eligibility criteria may be read carefully.**

***Please Note:*** **Airfare costs are not included in the Scholarship.**
**Selected candidates will be entitled to a small stipend, coverage of Tuition, Hostel & Medical fees and Book allowance.**

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अतुल्य ! भारत
Incredible India
https://www.incredibleindia.org

kerala
God's Own Country

# Kerala: 'God's Own Country'

Green paradise, exotic, sunkissed beaches, tranquil backwaters...these are just a few ways to describe the beauty of Kerala. Kerala is blessed with a unique set of geographical features that have made it one of the most sought after tourist destinations in Asia. A long shoreline with serene beaches, tranquil stretches of emerald backwaters, lush hill stations and exotic wildlife, are just a few of the wonders. Most of the state is engulfed in rich greenery which ensures a very calming experience at all times. Bestowed with a pleasant and equable climate throughout the year, Kerala is a tropical land where one can relax and be at ease.

Kerala is a tropical paradise where you can paddle in tranquil backwaters, trek the rocky Western Ghats, chase the mists in the hill stations, rejuvenate with pristine Nature and Ayurvedic treatments, hug the unspoiled beaches and so much more. Kerala isn't just a destination; it's a saga of experiences!

Golden beaches, emerald backwaters, lofty mountain ranges, powerful art forms the choices are many and so are the wonders that await you in Kerala. Come and take home what they call 'memories', the kind that makes life worth living.

Kerala is teeming with events and festivals round the year so be sure to keep track of what happens when and where so as to be able to enjoy your trip to the fullest. From Cultural fairs like the Kochi Muziris Biennale to the legendary boat races of Kerala and other ritualistic festivals and celebrations, the list is endless.

## Did You Know?

- Malayalam is the official state language
- Kerala is now the only state in India where Ayurveda is still followed as mainstream medicine
- Backwaters, i.e. chain of lagoons & lakes, is one of the key features of Kerala
- The name Kerala is derived from the root word "Keram" which means coconut tree in Malayalam
- Elephant is considered Kerala's state animal
- Kathakali & Mohiniyattam, forms of Indian Classical Dance, originated in Kerala

*Snake boat race in Allapuzha*

*Kochi: Major port & cosmopolitan city*

*Munnar: Rolling tea estates*

## Trinidad & Tobago Youths Visit Kerala under the 56th Know India Programme

*"The entire trip was truly memorable and exceeded expectations from beginning to end. Our trip included Alleppey (the houseboat), Munnar and Kochi. Kerala Backwaters are a chain of lagoons and lakes that lie parallel to the Arabian Sea. The boat trip on the backwaters was so comfortable, unique, memorable, with lovely surroundings, and wonderful home cooking. The Kathakali Dance event in Cochi gave an interesting insight into the historical parts of the area and was well worth seeing all the make up as well as the dancing. Our hosts were very welcoming and gave us insight into life in Kerala. The accommodation, the food, the people... all fantastic. Kerala is. definitely God's own country which occupies a special place in my heart."*

*-Mrs. Sacha Mahabal Latchu*

# चलो हिंदी सीखें

## ऋषिकेश तीर्त्रा
## (Rishikesh Yatra)

शांति और आत्मबल के लिए एक जगह, ऋषिकेश! वनस्पतियों और जीवों के समृद्ध दृश्य के साथ हिमालय की तलहटी में स्थित है। देवत्व और आनंद की भावना वातावरण में व्याप्त है। विशाल पहाड़ प्रहरी की तरह खड़े थे।

चहकने वाली पक्षियों की मधुर आवाज़, पत्तियों की सरसराहट और गायों की घास स्वर्गीय परिवेश में जुड़ जाती है। इस शानदार वातावरण ने ऋषियों, पंडितों, योगियों और आध्यात्मिक साधकों के लिए एक दिव्य आश्रय बनाया जो ध्यान, योग और पूजा में संलग्न हैं।

एक और भी दिव्य अनुभव गंगा नदी के तट पर देखा गया था। गंगा आरती! भक्ति का स्थान। पीली धोती पहने हुए ब्राह्मण विनम्रता में खड़े होकर अपनी दैनिक प्रातः की दिनचर्या शुरू करने के लिए शुभ घड़ी का इंतजार कर रहे थे। गंगा नदी के लयबद्ध प्रवाह ने पवित्र वनों द्वारा भजन और मंत्रों की मधुर ध्वनियों को नृत्य किया। पवित्र रोशनी के लहराते हुए, जलती हुई प्रोत्साहन छड़ियों की मीठी खुशबू के साथ समाधि के लिए सही वातावरण बनाया गया।

शुद्ध भक्ति के इस पवित्र कार्य ने विभिन्न रंग, वंश और जाति के सैकड़ों भक्तों को एक साथ लाया। ऋषिकेश की यात्रा का एक अनुभव जिसे आपको खेद नहीं है।

***-Mr. Tarun Maharaj from Trinidad and Tobago studying Hindi on 'Propagation of Hindi Abroad' Scholarship 2019-20 at the Kendriya Hindi Sansthan, Agra, India.***

## LEARN BASIC HINDI PHRASES

- **Hello/Hi:नमस्ते (Namaste)**
- **Good Morning: सुप्रभात (Suprabhaat)**
- **How are you? (formal): आप कैसे हैं? (aap kaise haiṅ?)**
- **I am fine: मैं ठीक हूँ ( Mai theek hoon)**
- **What's your name?: आपका नाम क्या है? (Aapka naam kya hai?)**
- **My name is...: मेरा नाम...है ( Mera naam...hai)**
- **Welcome! (to greet someone): आपका स्वागत हैं (Aapka swaagat hai!)**
- **Goodnight: शुभ रात्रि (Shubh raatri)**

# Contact Information

#6, Victoria Avenue,
Port of Spain
Trinidad andTobago

(868)225-4340

https://www.hcipos.gov.in/

Consular/Visa: cons.pospain@mea.gov.in
Scholarships: itec.pospain@mea.gov.in
Trade: trade.pospain@mea.gov.in

***Feedback, suggestions or ideas for 'India in T&T',***
***write to our editorial team on: itec.pospain@mea.gov.in***

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