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I am extremely happy to bring to you the first issue of “India in T&T”, a bimonthly newsletter of culture, higher education and development partnership of the High Commission of India in Trinidad & Tobago with concurrent accreditation to Dominica, Grenada and Montserrat.

India is one of the oldest civilisations of the world having a history of over 5000 years. It collectively represents thousands of unique cultures of all faiths and communities in India. Its languages, literature, music, dance, architecture, cuisine, spices, customs, wild life, nature and philosophy have made indelible impacts in and outside India over centuries. It is a land where tradition and modernity coexists. It is a land that cares for its nature, its natural habitat and its diversity.

The Indian film industry epitomises the richness of colour, sound and dance of Incredible India. It is passionate about cricket, football, badminton, archery, wrestling etc. It is a country of youth with dreams and aspirations. It is the biggest democracy of the world with strict separation of power among the executive, legislature and the judiciary. The objective of bringing this newsletter is to familiarise our readers to this unique civilisation and its potential. While you enjoy reading this newsletter, I would also request you to share your suggestions with our editorial team at itec.pospain@mea.gov.in

I wish you all a Happy and Prosperous Diwali.

-Arun Kumar Sahu,
High Commissioner of India to the Republic of Trinidad and Tobago
@AmbArunSahu
Relevance of Gandhian Philosophy in the Contemporary World

By H.E. Arun Kumar Sahu, High Commissioner

at the International Conference on National Security
150th Birth Anniversary of Mahatma Gandhi
University of Southern Caribbean, Maracas, St. Joseph
Wednesday, 02 October 2019

I am honoured to be at the University of Southern Caribbean to talk about the relevance of Gandhiji, his philosophy in the contemporary world, at a conference that discusses preventing and countering violent extremism and terrorism. What could be a more befitting occasion to speak about Gandhian philosophy rooted in the fundamental tenet of non-violence as an instrument to work for global peace and security.

Before I do that let me try to briefly elaborate the meaning of ‘Ahimsa’. The Sanskrit word ‘Ahimsa’ roughly translates in English to ‘non-violence’. However, its meaning is much more than non-violence itself. Ahimsa prevents an actor to inflict pain or harm another not only with his action but also in his thought and speech -- KAYA, MANA and VAKYA. The concept of Ahimsa sometimes gets attributed to Hinduism. However, it is a universal concept cutting across different faiths including that of Christianity, Islam, Judaism, Buddhism and Jainism. In Gandhi’s words, non-violence, “is a resistance against the evil deeds and not that of the evildoers”. It is not for a coward but for the strong. It is not pacifism but is an action-oriented strategy. It is not to avoid conflict but to actively resist violence and injustice. It is not destructive or inactive discourse, but a constructive form of political discourse.

The theory of Ahimsa rests on two basic fundamentals viz. (a) the socio-political fundamental which is “Satyagraha” meaning ‘passion for truth’ and, (b) the economic fundamentals which is ‘Swadeshi’ roughly translated as ‘self-sufficiency’. Satyagraha in Gandhi’s word, “The soul of Satyagraha strategy was active resistance- resistance which found an outlet, not in violence, but in the active force of life, faith and sacrifice.” Therefore, Satyagraha can only be attained by not competition or hate, but by loving the services of all, by non-violent means. Satyagraha is to stand for what is right.

SWADESHI is to give primacy to the local potential and optimal utilization of that potential. It’s against economic imperialism and economic exploitation by any one nation or entity. His vision was to strengthen the grassroot economy, the village units, its agriculture and industries, which today we call ‘grow local and buy local’.

For the purpose of today’s seminar let me now touch upon two extremely important aspects of Gandhian philosophy, namely:

i) the concept of Ahimsa as an instrument for peace and global pursuit of social justice, and
ii) Ahimsa as a principle for sustainable development and environmental protection.

How did Gandhiji perceive global peace? Peace, for him, was not only the absence of war but abolition of all forms of tyranny. He said, “An eye for an eye makes the whole world blind” and war with all its glorification with brute force is essentially a degrading approach. He also rejected a distinction between “just” and “unjust” wars. For him, war is never a legitimate means of achieving anything positive. He believed that to prevent conflict we need to address the issues of inequality, racism and exploitation. He believed that Satyagraha will encourage global pursuit of social justice, social fairness and equitable distribution of resources and the powerful will make special consideration for the marginalised and the vulnerable.

Gandhiji’s Swadeshi encompassed sustainability along with self-sufficiency. He believed in collective action by people, in other words, the popular concept of “social entrepreneurship” for sustainable development and environment protection. His 23 days long Dandi march in March 1930 against taxation on a basic need like salt which is required by the rich and the poor alike was essentially an example of such a collective action. His idea of sustainable development included normative ideas such as - mass participation and mass responsibility for the future environmental protection and integration of economy and environment. Each one of us is an agent of change and custodian of our own environment. It also envisages the utilization of global resources as per our needs rather than our greed. In his words, “nature has enough to satisfy everyone’s needs, but not to satisfy anybody’s greed”.

In today’s world, it is important that we study, examine and practice the Gandhian philosophy to work for future peace, security, stability harmony and sustainable development. It’s encouraging that the comity of nations celebrate his birthday as the international day of non-violence. But it’s important that his ideas are put in practice in contemporary turbulent world.

I thank the organizers once again for giving me this opportunity.

Thank you
150th Birth Anniversary of Mahatma Gandhi

"Strength does not come from physical capacity. It comes from an indomitable will."

Tree Planting

A Tree Planting ceremony was held in collaboration with Carbon Zero Initiative (CZITT) on World Environment Day at the Chaguanas Borough Corporation. The former President of T&T, H.E. Anthony Carmona planted the first tree with the Mayor Gopaul Boodhan, Mayor of Chaguanas & High Commission officials.

Mr. Rana Mohip, renowned artiste in T&T, was recognised for his rendition of Mahatma Gandhi’s favorite bhajan ‘Vaishnav Jan To’

International Yoga Day & Vegetarian Food Fair

KIP Alumni & Aniruddha Das (Second Secretary (Consular, Press Projects). The Food Fair was held in tandem with the International Yoga Day Celebrations at the Chaguaramas Boardwalk.

Yoga Students on the Chaguaramas Boardwalk after Yoga at sunrise.

Rana Mohip from Trinidad and Tobago gives his voice to Bapu’s favourite song.

Gandhi Ji’s message of kindness, compassion and truth reverberates through Trinidad and Tobago, which has a proud history of unity in diversity like India. #Gandhi150

Shri Narendra Modi, PM of India, lauds Rana Mohip for his wonderful rendition

A wonderful rendition of ‘Vaishnav Jan To’ sung by artist from... www.youtube.com

8:21 AM · Oct 30, 2018

674 Retweets 2.5K Likes
150th Birth Anniversary of Mahatma Gandhi
"The best way to find yourself is to lose yourself in the service of others"

Cycle Rally

HCI collaborated with the T&T Cycling Federation to host a Cycle Rally on World Bicycle Day. Youth of the T&T Cycling Federation getting the Indian flag placed on their cycle by HCI Official.

Rentala Srinivas, Attaché & KIP Alumni who volunteered for the event

Gandhi Jayanti

High Commission officials & staff celebrating Gandhi Jayanti on 02 October at the Gandhi Park in Port of Spain. Officials adorned the Gandhi statue with flowers and paid their respects.
150th Birth Anniversary of Mahatma Gandhi
"Be the change you wish to see in the world"

A Mahatma Gandhi painting was created by Mr. Shastri Maharaj, T&T's Public Service Medal of Merit 2019 awardee. Mayor Joel Martinez, Mayor of Port of Spain also gave a speech on the importance of Mahatma Gandhi.

H.E. Arun Kumar Sahu, High Commissioner, paying respects to 'Bapu'.

Below:
H.E. Arun Kumar Sahu, High Commissioner & H.E. Xoliswa Nomathamsanqa Ngwevela, High Commissioner of South Africa.

High Commissioner with distinguished guests at the installation of a Gandhi Bust brought from India at the Chaguanas Borough Corporation.
Know India Programme of the Ministry of External Affairs (MEA), Government of India, is a three-week orientation programme for persons of the Indian Diaspora in the 18-30 (Regular KIP) and 45-65 (Pravasi Teerath Darshan Yojana/Special KIP) age groups who possess the Overseas of Indian Citizenship (OCI) card (more information on page 8) or have documentary evidence of Indian Origin.

KIP introduces participants to India, connects them with their ancestor's motherland, promotes awareness about the different facets of Indian life, cultural heritage and the progress made in various fields such as economic, industrial, agriculture, information technology, art etc.

MEA arranges for boarding, lodging, internal transportation in India, gratis Indian Visa, and 90% of the total return airfare ticket. Further details and applications can be made online at: https://kip.gov.in/

**KIP CALENDAR**

- **59th Regular KIP**  
  (01-25 Jan.,2020).  
  Deadline for online applications: 15 Nov.,2019

- **4th Special KIP**  
  (14 Feb.-01 March,2020)  
  Deadline for online applications: 15 Nov.,2019

"This opportunity presented us as young professionals of Indian Origin has not only fulfilled one of our greatest dreams of visiting India, but has also inspired us to find ways in which we can contribute to building India."

- Abhikesh, Adesh, Akash, Ambikah, Ganesh, Nyla & Vishan, Participants in the 52nd KIP, January 2019,

"Not only did I enjoy the sights, sounds and tastes of India but my perspective on India has been positively enhanced...I found the KIP journey spiritually uplifting & emotinally gratifying "

- Vishwanath Persad, Participant in the 2nd Special KIP, February 2019,

"In all states visited, I experienced varying invigorating combinations of exquisite culture, tantalizing cuisine, unending hospitality & generosity... To put it simply, India is nothing short of glorious!"

- Reshard Khan, Participant in the 54th KIP, August 2019,
Overseas Citizen of India (OCI) Card

- A life long multiple entry visa to India.
- Any person of Indian origin can get OCI Card.
- Can be applied in Indian Embassy/Consulate in your country.

Benefits of OCI Card

- OCI Card holder can stay in India for any length of duration.
- OCI card holder can acquire any property in India except agriculture and plantation land.

Requirements for getting OCI Card

Evidence of self or parents/grandparents/great grandparents being a citizen of India at any time in past.

For Further details please visit: https://boi.gov.in/content/overseas-citizen-india-oci-cardholder
STUDY IN INDIA:
Scholarship Programmes

Registration Open for Academic Year 2019-20 till 30th November, 2019
Apply Online, please visit: https://www.spdcindia.gov.in

Scholarship Programme for Diaspora Children (SPDC)
The High Commission of India in Trinidad & Tobago invites children of Persons of Indian Origin / Overseas Citizens of India / Non-Resident Indians (PIO/OCI/NRI) to study Bachelor’s Degree in India. The scheme is called as Scholarship Programme for Diaspora Children (SPDC) which is meant for children whose monthly family income is lower than USD 4000/-

Eligibility: Passport holders of T&T/India within the PIO/OCI/NRI Category in the age group of 17-21 (as on 31 Oct 2019), with a minimum pass marks of 60% in Grade XII/A levels/CAPE, from systems recognised by Association of Indian Universities (AIU), are eligible to apply. Detailed information about the scheme can be obtained from the webpage: https://www.spdcindia.gov.in/help/in/guidelines.php

The SPDC is applicable to the following Undergraduate Courses:
- Engineering/Architecture/Technology, Humanities, Liberal Arts, Commerce,

SPDC entails scholarships & the selection process will be based on ‘Merit’. Financial aid up to a maximum of USD 4000/p.a. will be reimbursed to selected students. Furnishing false information would lead to cancellation of nomination. Only Online applications - complete in all respects - supported by transcripts/certificates will be entertained. Last date for submission is 30th November 2019. For technical issues, contact: technical@licegupta@mea.gov.in or call on +91 11 4001 8371

For further information about the scheme, please contact:
Mr. RENTALA Sriivas
Attaché, HCI Port of Spain
Tel: +1(868)225-4340/48, Mob: 293-9008
EM: rentala.ss@mea.gov.in

MAHATMA GANDHI INSTITUTE FOR CULTURAL CO-OPERATION
(High Commission of India)
Level 3 Plaza De Montrose Main Road, Chaguanas,
Ph: 672-9364 / E-mail: hcliipoips@gmail.com

INVITATION FOR GOVERNMENT OF INDIA GENERAL SCHOLARSHIP FOR 2019-20

The Government of India announces scholarships under its General Scholarship Scheme for 2019-2020 academic session for Undergraduate, Postgraduate and Doctoral studies in India, in the fields of Performing Arts, Science and Engineering.

Interested persons may fill application forms online through the A2A Scholarship Portal. For further information, please visit the ICCR’s website: www.a2ascholarships.iccr.gov.in. The eligibility required/conditions be read carefully.

HIGH COMMISSION OF INDIA
TRINIDAD AND TOBAGO

SCHOLARSHIP TO STUDY HINDI IN INDIA

Government of India invites applications for scholarships for study of Hindi under the scheme "Propagation of Hindi Abroad" at Kendriya Hindi Sansthan (Central Hindi Institute), Agra, India for the Academic Session 2019-2020 commencing from August, 2019. The courses designed by the Institute are meant for foreign students whose mother tongue is not Hindi.

Eligibility for admission: Candidates between the ages of 21 to 35 years with a minimum qualification of twelve (12) years of school or college education.

Application procedure: Applicants can download the application form from the Institute’s website: www.khsindia.org

Duly filled application forms along with a personal bio-data, passport size photograph, certificate of physical fitness, copies of academic certificates, recommendation letter from an expert in Hindi or a Lecturer/Professor/ Director of an Institute/University in Trinidad and Tobago should be submitted to the High Commission of India date to be announced in 2020.

For any inquiries and further information please contact:
Mr. M.C. Bhagat,
Second Secretary
High Commission of India,
#6 Victoria Avenue, Port of Spain
Phone: 225-4340
Email: hindi.pospain@mea.gov.in / itec.pospain@mea.gov.in
DEVELOPMENT PARTNERSHIP:
Indian Technical and Economic Cooperation (ITEC)

Established in 1964, ITEC aims at being the vehicle for mutual cooperation with its partner countries and is considered the flagship programme of the Indian Government's capacity building effort. Training is one of the major activities under ITEC and professional are afforded unique training opportunities, both civilian and defence, in different premier institutes across India. ITEC has also tailored courses to suit the needs or concerns of its partner countries. The courses have been broadly categorised into topics such as Agriculture, ITT/Telecommunication, Health/Yoga, Accounts/Finance, Renewable Energy, Technical, Environment etc.

Who can Apply?
- Passport holders from T&T, Dominica, Grenada & Montserrat.
- Age between 25-45
- Medically fit
- Academic qualifications as per Institute's requirements

How to Apply?
- Browse courses & make online application at ITEC portal (https://www.itecgoi.in/index.php)
- Must have Nominating Letter from Employer

Expenses covered?
- Return airfare
- Gratis Indian Visa
- Accommodation
- Course Fees
- Book & living allowances
- Medical facility
- Study Tour

"The Indian Technical and Economic Cooperation (ITEC) Programme of the Ministry of External Affairs is the most active manifestation of India's development co-operation inititves. ITEC is a fully sponsored programme of Government of India for government officials, professionals and policy practitioners."
- Dr. S. Jaishankar, Minister of External Affairs, India

ITEC

Indian Technical and Economic Cooperation (ITEC) Programme of the Ministry of External Affairs is the most active manifestation of India's development co-operation initiatives. ITEC is a fully sponsored programme of Government of India for government officials, professionals and policy practitioners.

Dr. S. Jaishankar, Minister of External Affairs, India

ITECnetwork @ITECnetwork
itec.pospain@mea.gov.in
DEVELOPMENT PARTNERSHIP:
India in Dominica, Grenada & Montserrat
In 2019, India and ITEC partner countries worldwide commemorated the 55th Anniversary of the ITEC programme. High Commission of India celebrated this occasion on Saturday 05 October at Passage to Asia restaurant in Chaguanas. The ITEC Alumni who were present had the opportunity to interact with fellow ITEC Alumni, exchange experiences and network with each other in their different spheres of expertise. In T&T, over 450 nationals have benefited from these training opportunities in various fields such as Elections Management, Management Systems, Fertilizer Technology, Museology, Fraud Investigation, Cyber Security etc.
The Mahatma Gandhi Institute for Cultural Co-operation (MGICC) is the cultural wing of the High Commission of India in Trinidad and Tobago. Established in 1997, the MGICC is administered by the Indian Council for Cultural Relations (ICCR) and the institute strives to promote bilateral cultural co-operation between the two countries through its cultural events and teaching activities by renowned India-based teachers in the spheres of Yoga, Vocal, Indian Classical Dance & Tabla.

MGICC also organizes various exhibitions, painting competitions, lectures, workshops and film screenings etc. both independently and in collaboration with local cultural organisations. The institute provides information and offers Scholarships to study in India such as the ICCR’s General Cultural Scholarship Scheme (GCSS). MGICC is currently located at Plaza De Montrose, Chaguanas and construction for its new premises (Mount Hope) is currently underway.
MGICC Activities

High Commissioner, H.E. Arun Kumar Sahu being welcomed to T&T by Mr. Ashok Jajoria (Director of the MGICC), Mr. Omprakash Kuriyal (Yoga Instructor), Mr. Paritosh Sinha (Vocal Teacher) & Master Arshad Khan (Tabla Teacher)

Teachers & Students of the MGICC’s Vocal class performing for India’s 73rd Independence Day Celebrations at India House.
## Classes at the MGICC

### Table / Dholki / Pakhranj

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<tr>
<th>Day</th>
<th>Time &amp; Details</th>
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<tr>
<td>Monday</td>
<td>3.30pm to 4.30 pm – Pakhranj</td>
<td>4.30pm to 5.30 pm – Dholki</td>
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<td>Tuesday</td>
<td>3.30pm to 4.30 pm – Table (Beginner)</td>
<td>4.30pm to 5.30 pm – Table (Intermediate)</td>
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<td>Wednesday</td>
<td>3.30pm to 4.30 pm – Dholki</td>
<td>4.30pm to 5.30 pm – Table (Advance)</td>
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<td>Thursday</td>
<td>3.30pm to 4.30 pm – Table (Beginner)</td>
<td>4.30pm to 5.30 pm – Table (Intermediate)</td>
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<tr>
<td>Friday</td>
<td>3.30pm to 4.30 pm – Pakhranj</td>
<td>4.30pm to 5.30 pm – Table (Advance)</td>
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<tr>
<td>Saturday</td>
<td>9.00am to 10.00am Table (Beginner)</td>
<td>10.00am to 11.00am – Table (Intermediate, Pakhranj, Dholki)</td>
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### YOGA

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<td>Saturday</td>
<td>9.00am to 10.00am – Table (Beginner)</td>
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### HARMONIUM

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<td>Saturday</td>
<td>11.00am to 12.00pm – Table (Beginner)</td>
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### TABLA / VOCAL / YOGA – High Commission of India, POS

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<td>6.00pm to 7.00pm – Table (Beginner)</td>
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<tr>
<td>Saturday</td>
<td>3.00pm to 4.00pm – Table (Beginner)</td>
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Certificates are awarded upon successful completion of each artform.
Registration Fee – TT$160.00 & Tuition Fee – TT$160.00 (Quarterly) (3 months) Per Artform. Registration – Monday to Thursday, 3pm to 5pm. ………
Gujarat: 'Jewel of Western India'

Gujarat offers all that a national or international tourist looks for - a wide range of diverse destinations and attractions. In addition, strong logistic connectivity, excellent communication facilities, adequate health infrastructure, round the clock power supply even in the remotest area, safety and security and above all the hospitable nature of the people make Gujarat a prime destination in India. Gujarat has ancient caves, stupas, monasteries, temples and monuments that exhibit the Indo-Saracenic architectural style which blends elements of Islamic and Hindu architecture. The capital of Gujarat, Ahmedabad is India’s first UNESCO accredited World Heritage City. Gujarat is also a delightful destination for the eco traveller. It is the abode of endangered wild life like the Asiatic Lion and Indian Wild Ass, not seen anywhere else in India. The state’s living legacy is its rich heritage of handicraft skills that have thrived side by side with industrialisation. Embroidery, tie and dye, block printing, appliqué, beadwork, metalwork and many other tribal handicrafts are famous for their intricate design, colours and fine craftsmanship. Visit Gujarat during its myriad fairs and festivals and watch people in bright attires, artistic jewellery dancing the night away to the beats of traditional music. The Makar Sankranti Kite Festival in January is a global event where the tourists joyfully participate with the locals. Gujarati cuisine, largely vegetarian, needs a special mention as it has long been acclaimed all over the world. People who come to Gujarat get bonded with its charisma because, life itself is a celebration here.

Welcome to Gujarat, the land of heritage, wildlife, fun, frolic and food.

QUICK FACTS

- Gir National Park is the only home to the Asiatic Lion
- Great Rann of Kutch is one of the world's largest salt deserts
- Largest producer of milk in India
- Home to Mahatma Gandhi & Shri Narendra Modi, PM of India
- Has the longest coastline of all India's coastal states
- Gujarati is one of the world's most spoken languages
LEARN HINDI

The facility of Hindi learning across Trinidad is being extended by the High Commission of India to the people of Trinidad and Tobago. Next session of Hindi classes (for Beginners, Intermediate & Advance level Courses) for the year 2019-20 will commence in September 2019.

Cost: No tuition fee. One time Registration fee of TT$100.00 is applicable.

Those who are interested may please contact:
Mr. M.C. Bhogat
Second Secretary, High Commission of India
Tel.: 225-4340 (Ext. 127 & 103)
Email: hindi.pospain@mea.gov.in
Website: https://www.hcipos.gov.in/

DID YOU KNOW?

- The word Hindi was derived from the Persian word ‘hind’ meaning ‘land of the Indus River’
- Hindi, India’s predominant language, is spoken by more than 40% of the people. 21 other official vernaculars and thousands of unofficial dialects are spoken.
Upcoming Events

High Commission at Diwali Nagar
(18-26 October, 2019)

Key features:

- Madhubhani art based on the Ramayana from Uttar Pradesh and Bihar, India will be on display.
- Cricketer Dwayne Bravo will visit the booth to spread awareness about his collaboration with Mr. Arunachalam Muruganantham, inspiration for the movie 'Padman' on the issue of menstrual hygiene.
- In keeping with the 150th Birth Anniversary of Mahatma Gandhi and the Indian Government's 'Swachh Bharat Mission', a recycling bin for plastic, glass, cans and tetra pak collection will be placed inside the booth to promote environmental consciousness.
- Information on trade opportunities, Indian Citizenship, the Mahatma Gandhi Institute for Cultural Cooperation and available programmes and scholarships to study in and visit India.
- H.E. Arun Kumar Sahu, High Commissioner, will deliver Diwali greetings and there will be performances by the MGICC on the main stage on Thursday 24th (6:30pm-10:00pm).

Visit our booth, take photos with us and upload on Social Media using:
#HCIDiwaliNagar2019 #HCIPOSSwachhBharat

550th Birth Anniversary of Guru Nanak

The High Commission of India will celebrate the 550th Birth Anniversary of Guru Nanak on Tuesday 12 November. Guru Nanak was the founder of Sikhism 'Guru Nanak Jayanti'.
Contact Information

#6, Victoria Avenue, Port of Spain
Trinidad and Tobago

(868)225-4340

https://www.hcipos.gov.in/

Consular/Visa: cons.pospain@mea.gov.in
Scholarships: itec.pospain@mea.gov.in
Trade: trade.pospain@mea.gov.in

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india_in_tnt